



"Our mission: To increase understanding of people from a neurobehavioral perspective"

Trying Differently Rather than Harder:

Understanding & Application of the FASCETS Brain-Based Approach to FASD and other neurobehavioral conditions

A Three-Day Workshop for Parents and Professionals

- WHEN:** October 17 - 19, 2019
9:00 am – 4:00 pm
- WHO:** For professionals, parents and other caregivers who live and/or work with children, adolescents, or adults with Fetal Alcohol Spectrum Disorders (FASD) or other neurobehavioral conditions
- WHERE:** The Mark Spencer Hotel
Portland, Oregon
- COST:** \$450 (U.S.) for Parents, \$550 (U.S.) for Professionals
Includes morning and afternoon coffee /tea service and Diane Malbin's book, *Trying Differently Rather Than Harder*

Overview:

This workshop provides information about Fetal Alcohol/Neurobehavioral Conditions (FA/NB) and the effects of alcohol and other drugs on the brains and behaviors of children, adolescents and adults.

FA/NB are brain-based, neurobehavioral conditions with behavioral symptoms. The workshop will educate you on a best practices approach for increasing understanding of FA/NB, reducing frustration, and expanding options. Case examples of successful accommodations are central to this training.

This is intended for professionals as well as parents and other caregivers of children with confirmed or suspected FASD or other brain-based conditions. Our experience is that the training is enriched by having a mixed group of parents, caregivers, and professionals.

Objectives:

- Understand FA/NB as a brain-based physical disability with behavioral symptoms
- Understand and recognize primary and secondary symptoms
- Learn why people with FA/NB frequently receive overlapping DSM diagnoses
- Understand why traditional behavioral treatment techniques are frequently ineffective for people with FA/NB
- Learn to develop and apply effective strategies for people with FA/NB in different settings



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CEU Credits: 16.5 hours of Continuing Education Credit for NASW (National Association of Social Workers) and ACCBO (Addiction Counselor Certification Board of Oregon) have been approved. Certificates of completion will be provided.

All participants will receive a general certificate of completion for the training, indicating the number of workshop hours.

Registration: Seating is limited - please register early.

Questions: Nathalie Brassard
Executive Director, FASCETS
nbrassard@fascets.org or 503-621-1271, ext. 001

Quotes from previous workshop participants:

"I really enjoyed the diversity of the group. We have so much to learn from one another. Deepening my knowledge about FASD and all that we can do has been wonderful. I leave feeling hopeful and emboldened." Parent / LCSW

*"Wow... How many people you are reaching and educating about FASD. Really changed my point of view about this disorder as a brain disability. I noticed a development of compassion and a true paradigm shift in the audience."
– Professional, Native-American organization*

"It was a fantastic training! I appreciate all of the useful and enlightening information that I received at the training." -- Juvenile Probation Officer

"I have attended numerous seminars this year on FAS. I leave today feeling more equipped to do my job today than at any other conference." -- Professional, residential treatment center

"I loved this training. I learned a lot and would recommend this to everyone." – Parent

"I cannot say enough good things about this workshop - it is absolutely the best workshop that I have attended in 25 years....and I have attended a lot, on a lot of different aspects of psychology!" – Ph.D. psychologist

"The three of us who have been trained still talk about the impact made upon us.... We thank you on a daily basis for providing us with clearer lenses through which to see our students and families." – Teacher

*"Ta-da! There are ways to help someone once you realize they are looking at the world differently than yourself – and it is their 'normal.' By far the best information/ training I have received in years. And I didn't nod off once! And I am not a morning person."
-- Lawyer*

"The most useful and thought provoking seminar I have attended." -- Parent



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"I've had so many questions answered that I didn't even know that I had. All the pieces of the puzzle now fit: My clients now need different help, and I am now informed on how to educate others and provide the appropriate accommodations. This has given me hope. Thank you" – Living skills and employment coordinator

"This training has been a very eye-opening experience. It's like I finally see the light! This is most definitely the most helpful training I've ever been to and will be extremely helpful in understanding my customers better and making their services more effective." -- Personal agent, brokerage firm for developmentally disabled people

"Very helpful and informative. One of the best conferences I've ever attended. Thank you!" – School psychologist

"Enlightening/ Paradigm shift – I made it! I will never look at behavior the same as I did." -- Professional, educational service district

"All about making a better world for our kids and adults. Fabulous!" – Professional, behavioral healthcare organization

"The conference was THE BEST I've been to in all of my years of teaching. It has helped me dramatically in dealing with my parents with FAS kids and the kids, too." -- Teacher

"My only suggestion would be to provide this training more often and in every kind of community." – Parent educator

"Comprehensive, informational, exciting, constructive. This may have been the most helpful workshop ever!" – Family support worker, child development center

"It was extremely informative, and professionally shifting of my understanding of behaviors and their source. Now I'm better able to intervene with more appropriate and helpful strategies as well as with more compassion." -- Professional

"This workshop profoundly changed my life; which in turn will change my daughters' lives. I am walking away with a whole new outlook on my children, my parenting, their education, our home life, and our home environment. I have NEVER wanted a workshop to not end." – Parent