

The prerequisite for this Training of Trainers is having attended Diane Malbin's three-day FASD & Other Neurobehavioral Conditions workshop or the equivalent, provided by one of her certified facilitators.

FASCETS *Into Action* Training of Trainers

**A year-long program to become a
Facilitator of the FASCETS Neurobehavioral Model**

**Onsite Training Dates:
November 14-17, 2017 &
November 6-8, 2018
Portland, Oregon**

Overview: This Training of Trainers (TOT) is for prospective facilitators who, as a result of having participated in the three-day FASD workshop, recognize the need for wider understanding of the brain-behavior link. They will then educate colleagues, parents and community partners to effectively work with people with Fetal Alcohol Spectrum Disorders and other brain-based conditions, using the FASCETS Neurobehavioral Model.

Vision: As a result of this work, we will contribute to creating the conditions for all people, regardless of where they are on the neurobehavioral spectrum, to live healthy and meaningful lives.

Goal: To increase understanding of people from a neurobehavioral perspective, reduce frustration, expand options, strengthen program design and practice, and establish informed networks of care with congruent application of the brain-based approach.

What need does this TOT address? The evaluation of the British Columbia Cross-Ministry FASD initiative (Hume, 2009) identified that the greatest need for community partners is for education that is research-informed and conceptually consistent. The *Into Action* Training of Trainers was developed to address this need.

Who are prospective TOT facilitators? This TOT is for people who are passionate about the need to educate and change thinking about the meaning of behaviors and the nature of interventions. It is open to parents and professionals who have completed Diane Malbin's three-day workshop or the equivalent, provided by one of her certified facilitators. This is a year-long commitment, and is intended for people whose goal includes systems change. Central to the process is acknowledging the importance of patience as people move through the developmental stages of understanding and application of the Neurobehavioral Model. Each person's developmental process is different, moving through stages of understanding at different paces.

Schedule and Timeline: The year-long process begins with a four-day on-site training and planning session. Over the next eleven months, facilitator trainees will also participate in monthly group teleconferences and ongoing online/email discussions. A private Facebook page for the group may be used. The year will end with a three-day onsite training.

Facilitator materials: The facilitator manual includes an eight-part series with all handout masters for participants. It also includes sections with facilitator slides, training notes, resources, glossary, bibliography, a section with stories that illustrate key points, and a USB with all of these materials.

Cultural relevance: The “nugget” of *Into Action*’s core concept is the idea that brain function and dysfunction is the source of behaviors. Application is based on linking that idea with behavioral symptoms and recognizing points of intervention to build on strengths and prevent problems. This universal core concept is relevant for everyone, regardless of culture, socio-economic status, or age.

Into Action introduces a concept, a different way of thinking. Facilitators support integration of that concept into participants’ values, language, culture, and discipline, assuring relevance and applicability.

How is this TOT different from other TOTs? With most TOTs, participants attend the training, are provided with materials, and are then on their own to train others. This TOT is a process: Following the initial training, facilitators receive consultation to support application of the concepts in the TOT. Experience has shown that *Into Action* facilitators benefit from support, while strengthening their skills in the application of the neurobehavioral model. Accordingly, this training is a year-long process, in order to provide support and assure fidelity between information and application.

Schedule and Location:

- November 14-17, 2017 (Tuesday-Friday), 9 am – 4 pm, The Mark Spencer Hotel, Portland, Oregon.
- Monthly group two-hour teleconferences: Dates to be scheduled by the group in November.
- Email consultation will be available throughout the year.
- November 6-8, 2018 (Wednesday-Friday), 9 am – 4 pm, The Mark Spencer Hotel, Portland, Oregon – three-day session and certification ceremony.

CEUS: Total of 61 contact hours of Continuing Education Credit for NASW (National Association of Social Workers) have been approved. Certificates of completion will be provided. All participants will also receive a general certificate of completion for the training.

Certification: Certificates are provided on successful completion of the year.

Facilitators:

Melissa Elligson

Melissa Elligson lives in Roanoke, Virginia. She holds a Masters degree in Counseling from Seton Hall University and has spent the past 15 years as an intensive in-home therapist and trainer. Her passions are working with children and families affected with neurobehavioral conditions, and providing trainings nationally. She became passionate in this area over six years ago when she became frustrated that traditional models were not working within the community. After attending the three-day workshop and discovering the Neurobehavioral Model framework resonated with her beliefs, Melissa became a certified facilitator in the FASCETS Neurobehavioral Model. She has advanced to being one of the FASCETS' Program Directors and is currently in the process of developing FASCETS East. She is also in the process of developing a community-based diagnostic clinic in Southwest Virginia.

Suzanne Emery

Suzanne C. Emery, Masters in Leadership of Nursing, Family Nurse Practitioner. She is certified by FASCETS as a facilitator for the FASCETS Neurobehavioral Model and is a FASCETS Program Director. Suzanne has lived in Costa Rica for over 20 years serving families and children at risk. She worked as resident nurse at a children's home and then as supervisor of health for a large child care organization for over 15 years. Suzanne is the founder and lead facilitator for a project started in 2013 - "Created to be Free: hope for families affected by alcohol." She leads workshops, provides consulting services, and facilitates a family support group in Costa Rica, all in the area of Fetal Alcohol Spectrum Disorders, using a brain-based approach. She is a single mother of two wonderful young men, the younger has FASD. She is originally from the Portland area.

Agreement: Trainees and FASCETS facilitators, Melissa Elligson and Suzanne Emery, will sign a mutual agreement. FASCETS agrees to provide materials, consultation, and support for the year, and facilitators agree to participate in all activities related to this Training of Trainers.

Fee: \$4,750 for the year-long training, which includes all facilitator materials, seven on-site days of training, 20 hours of group teleconference time over the year, and additional email consultation. Please note: This *does* include lunches during the on-site sessions. It *does not* include travel, lodging or other expenses.

*For additional information, please contact Wendy Temko: wtemko@fascets.org
or call: 503-621-1271*